

Managing Memorials and Anniversaries as a Part of Overall School and Higher Ed Safety Planning

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<https://rem.ed.gov>

Managing Memorials and Anniversaries as a Part of Overall School and Higher Ed Safety Planning



U.S. Department of Education
Office of Safe and Supportive Schools
(OSSS)

info@remstacenter.org | <http://rem.ed.gov/>

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- To download a copy of pertinent handouts, use the **Web links** on your screen. Select the name of the link you want to access.
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after the
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Presenters



Madeline Sullivan, Management and Program Analyst,
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Agenda

Developing a Trauma-informed Approach to Planning

Memorializing Anniversaries: Lessons Learned

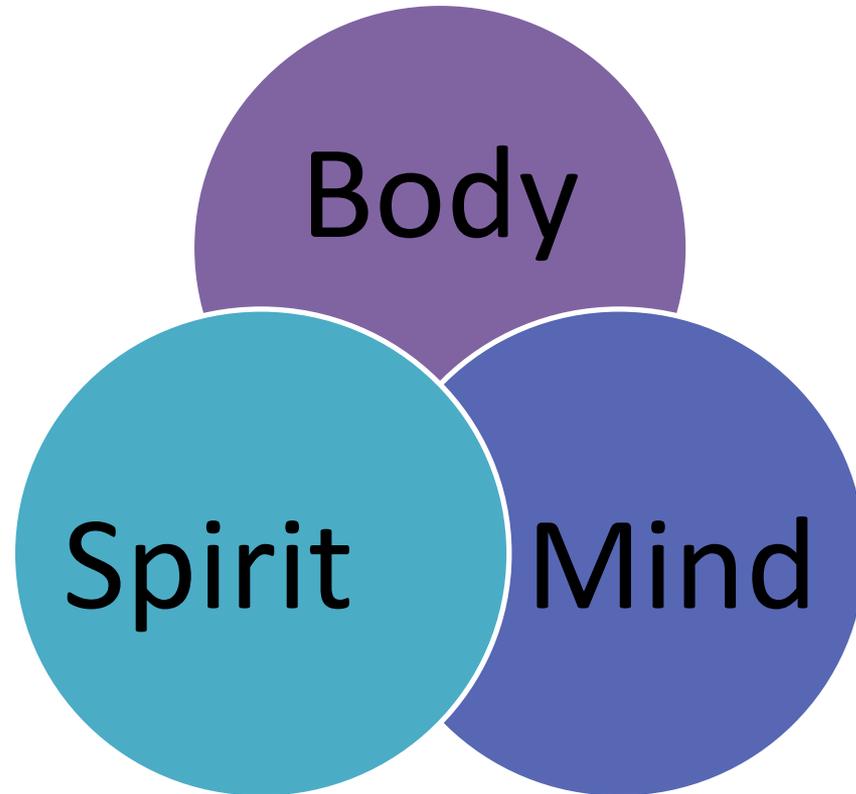
Integrating with Emergency Operations Plans (EOPs)

Donations and Volunteer Management

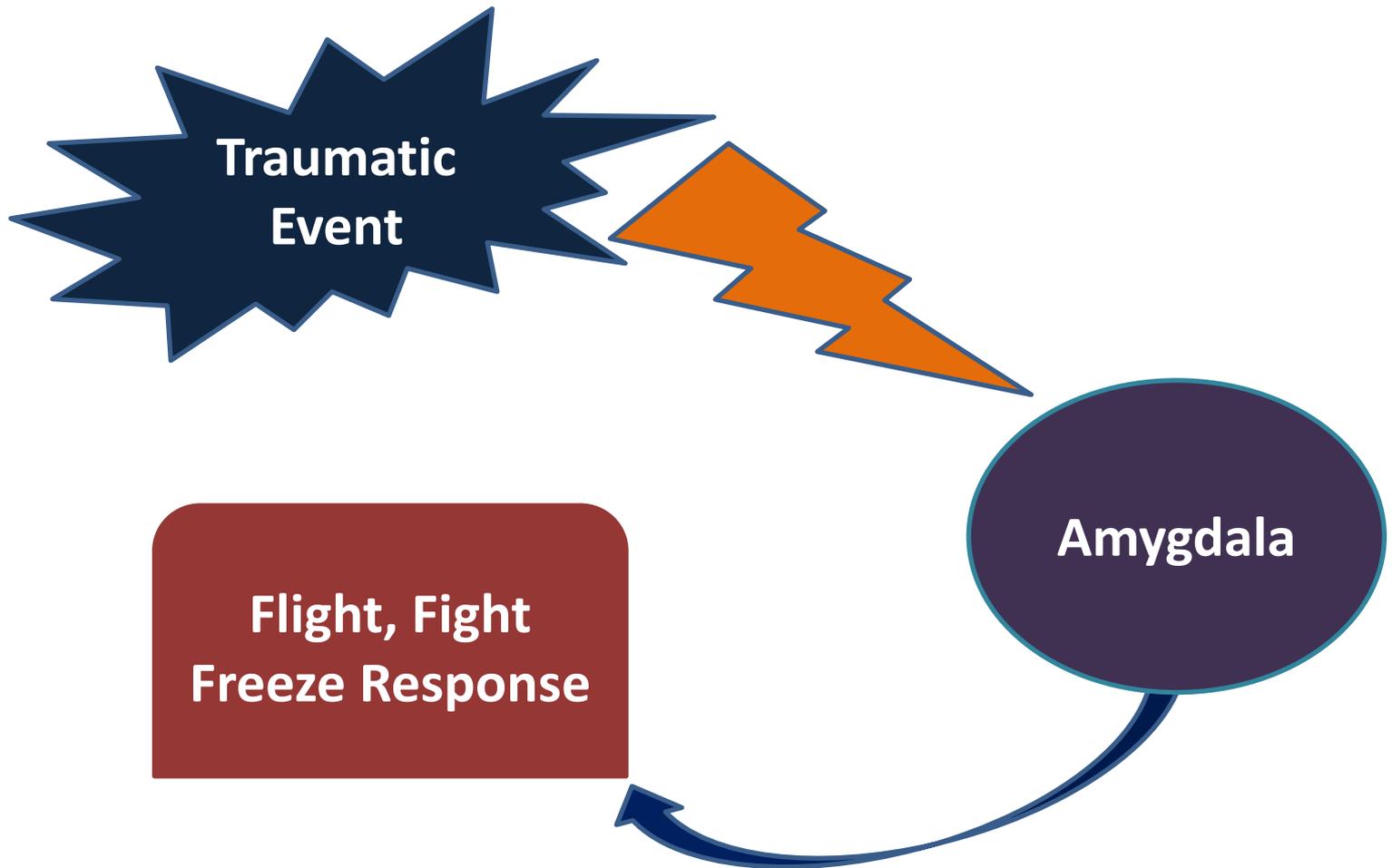
Questions and Answers

Positive School Environment

Students and educators must be open to teaching and learning



Body's Trauma Response: Flight, Fight, Freeze



Possible Reactions of Children After Trauma

Emotional Reactions

- Increased worries or fears about safety of self or others
- Increased worries or fears about security
- Worries or fears about separation
- Worries or fears about reoccurrence of event
- Worries about ongoing situation
- Feelings of guilt or blame
- Feelings of helplessness
- Attitude of seeming not to be effected

Behavioral Reactions

- Changes in school attendance or performance
- Decreased concentration
- Decreased
- Changes in sleep
- Changes in appetite
- Changes in mood (swings)
- Changes in activities
- Increased irritability
- Increased anger outbursts or temper tantrums
- Increased withdrawal
- Regression in behavior

Possible Reactions of Children After Trauma

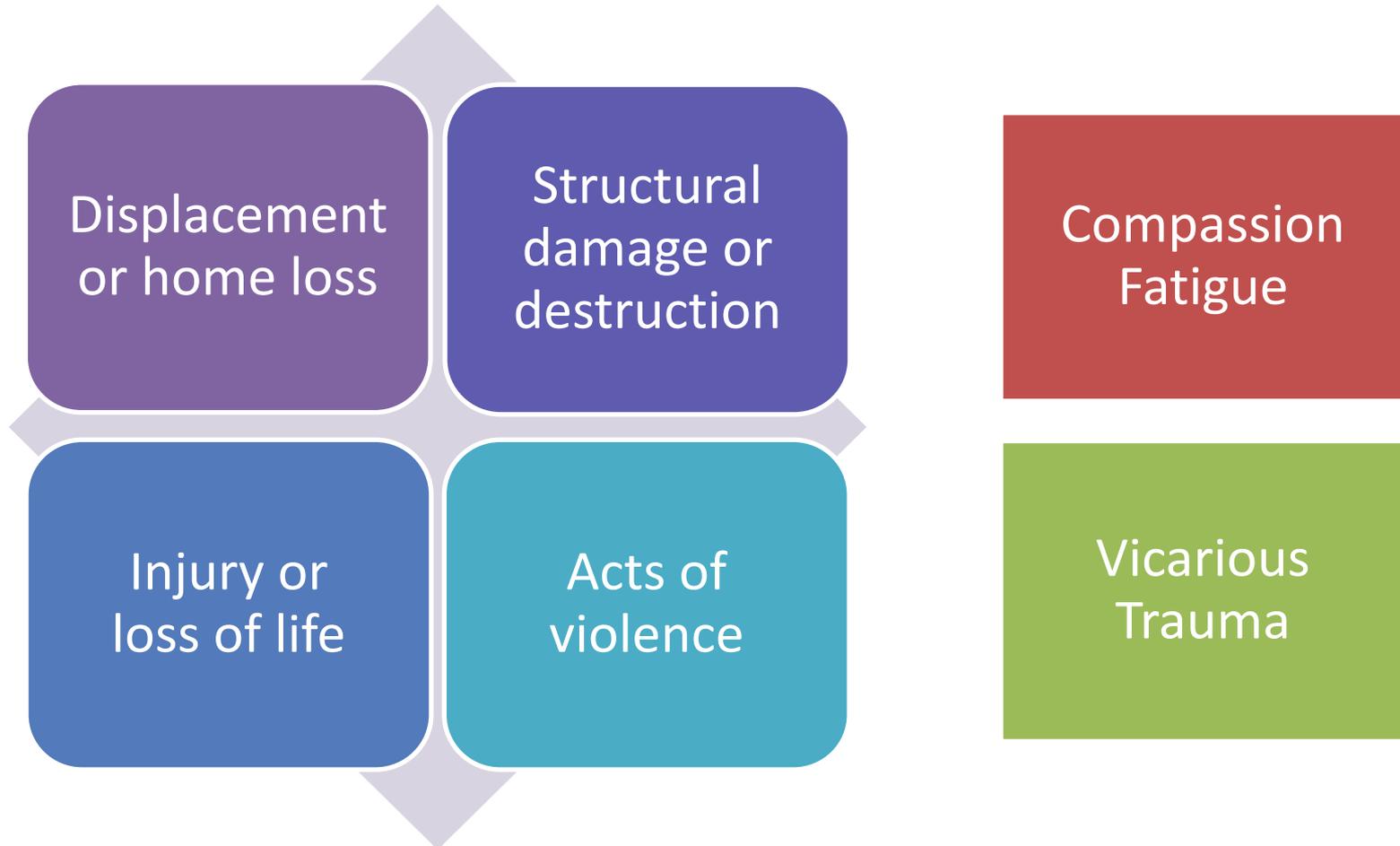
Cognitive Reactions

- Repeated questions about the event
- Repeated discussion or story-telling about event
- Repetitive play about the event
- Misattributions & misperceptions about event
- Increased interest in media coverage
- Trauma reminders (those things that are similar to sights, thoughts, sounds, tastes, smells, etc. that were present at the time of the traumatic event)
- Loss reminders (those things that serve to remind individuals about what and/or who they have lost because of the disaster or trauma)

Physiological Reactions

- Increased sensitivity to sound
- Increased startle response
- Increased somatic complaints including: headaches, stomachaches, fatigue, vague aches and pains

Emergency-Related Causes of Trauma



Trauma-Informed Care

Lead a trauma-informed school



Develop trauma-informed policies, procedures, and practices



Train staff, on an ongoing basis, so that they can:

Realize trauma
and its impact

Recognize signs
and symptoms
of trauma

Respond by
integrating trauma
knowledge

Resist
re-traumatization
of individuals

Trauma-informed Practices in Schools and Institutions of Higher Education

What trauma-informed practices does your school, school district, or institution of higher education currently include in your emergency management planning and/or safety program?

Trauma-Informed Planning

Involves having a practiced plan in place, for when a student/colleague is in need of treatment or assistance, or in preparation for a community-wide anniversary



Being aware of community resources to make appropriate mental health referrals

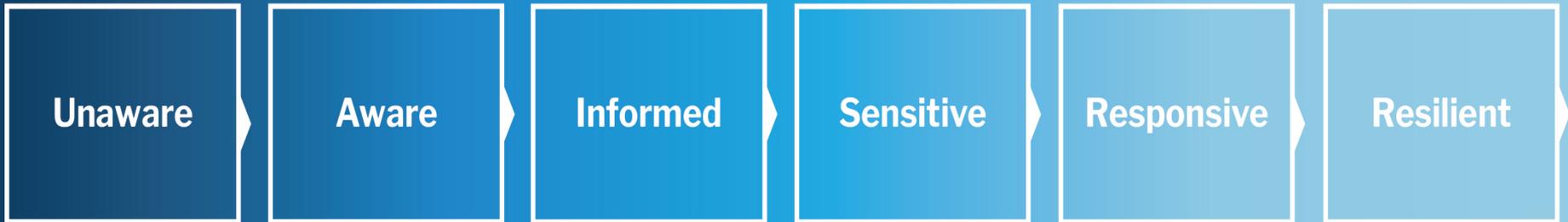


Recognizing that impact of trauma (behavioral, coping issues) may not always be visible easily, discernable



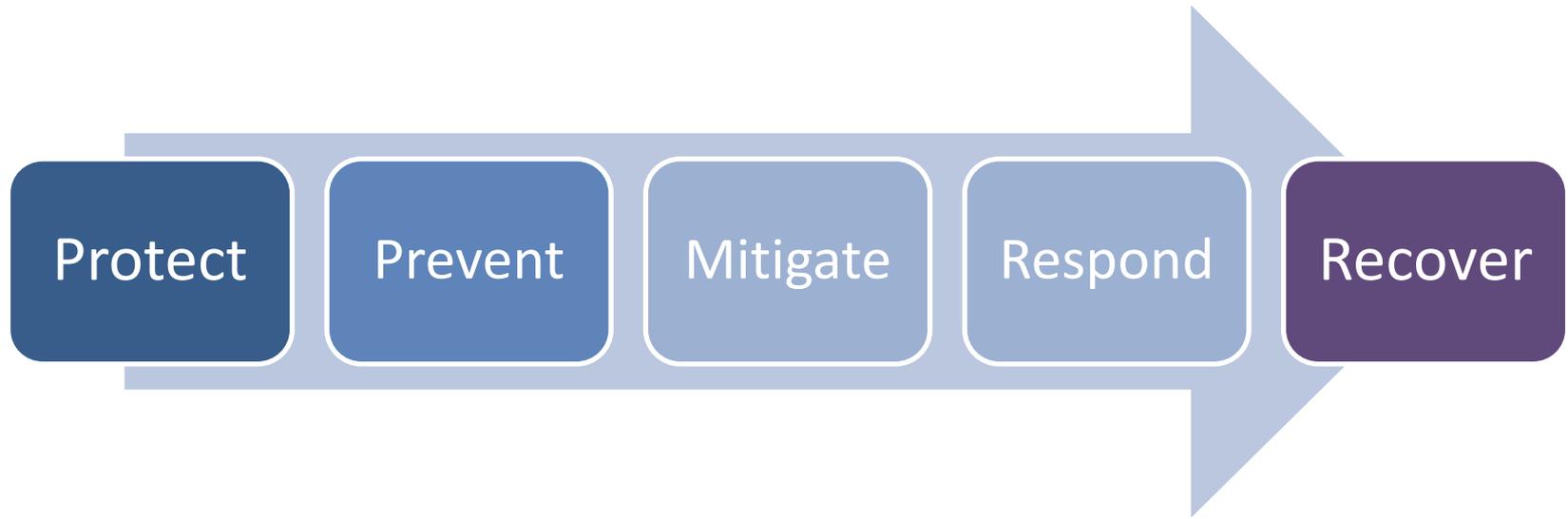
From Awareness to Preparedness

Spectrum of Safety Awareness



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Memorials and Anniversaries as Recovery Activities



Resources: Trauma-Informed Schools

Essential Elements for a Trauma-informed School System

- <https://www.nctsn.org/trauma-informed-care/trauma-informed-systems/schools/essential-elements>

Creating, Supporting, and Sustaining Trauma-Informed Schools: A System Framework

- <https://www.nctsn.org/resources/creating-supporting-and-sustaining-trauma-informed-schools-system-framework>

Child Trauma Toolkit for Educators

- <https://www.nctsn.org/resources/child-trauma-toolkit-educators>

National Child Traumatic Stress Network Website

- <https://www.nctsn.org/>

Age-Related Reactions to a Traumatic Event

- <https://www.nctsn.org/resources/age-related-reactions-traumatic-event>

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Memorializing Anniversaries: Lessons Learned

Safe and Sound Schools



safeandsoundschools.org

Perspectives



Immediate Memorials



Published Memorials



Who determines how deceased & survivors are remembered?

Memorial Events

- Services
- Vigils
- Protests
- Concerts
- Races
- Rides
- Religious Gatherings
- Visits from high profile politicians



Planned Memorials



Memorials
offered



Community
Center

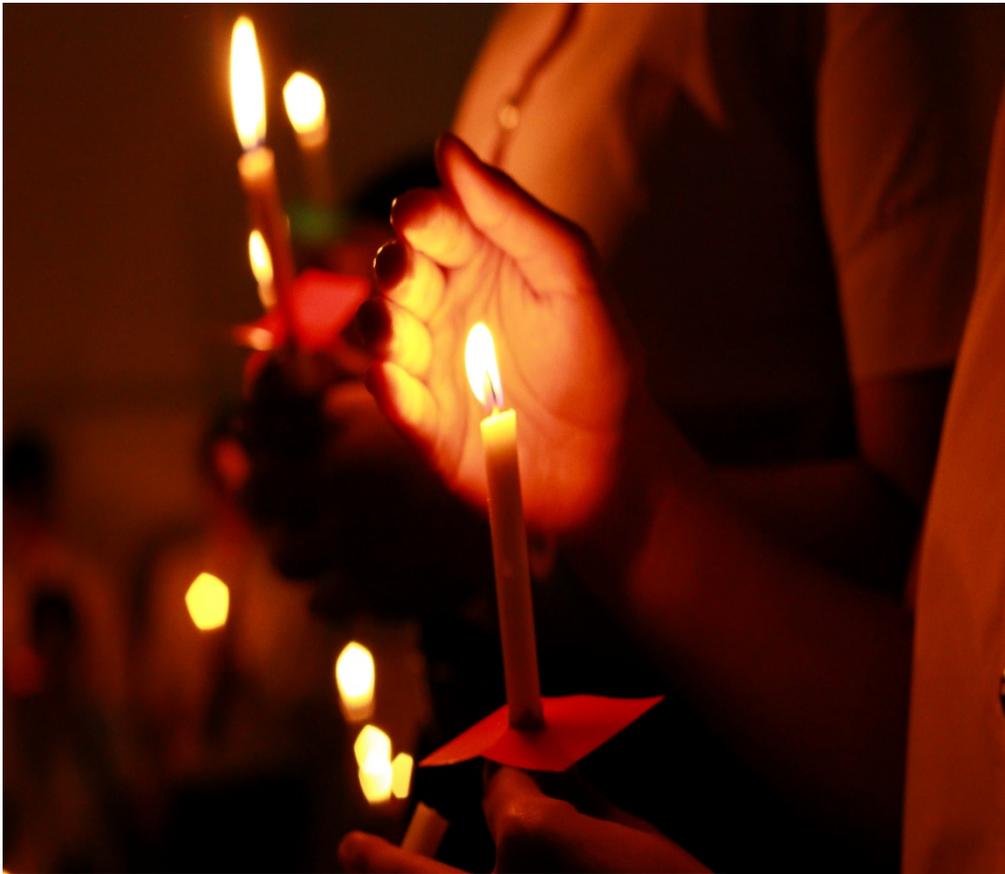


Learning to
say,



“No thank
you.”
Permanent
memorial
planning

Anniversaries and Remembrance



Marking the first anniversary

Remembrance activities in town

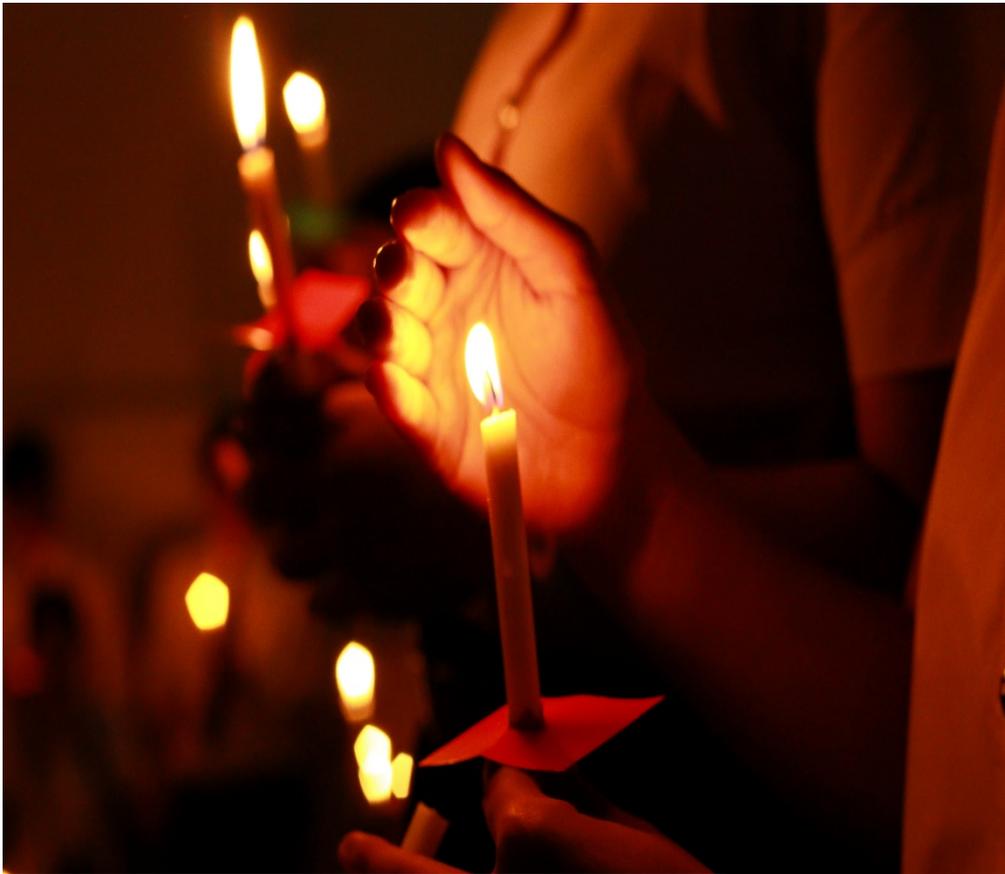
Acknowledging the anniversary at school

More Resources



- [Safeandsoundschools.org](https://safeandsoundschools.org)
- [Nationalresilienceninstitute.org](https://nationalresilienceninstitute.org)
 - THRIVE program
 - Community Resilience Toolkit
- [NASPOnline.org](https://nasponline.org)
 - Search memorials and anniversaries

Anniversaries and Remembrance



Marking the first anniversary

Remembrance activities in town

Acknowledging the anniversary at school

Community Themes

Ut Prosim

We Are Virginia Tech

Hokies United

32 for 32

NeVerForgeT

We will prevail

Live for 32

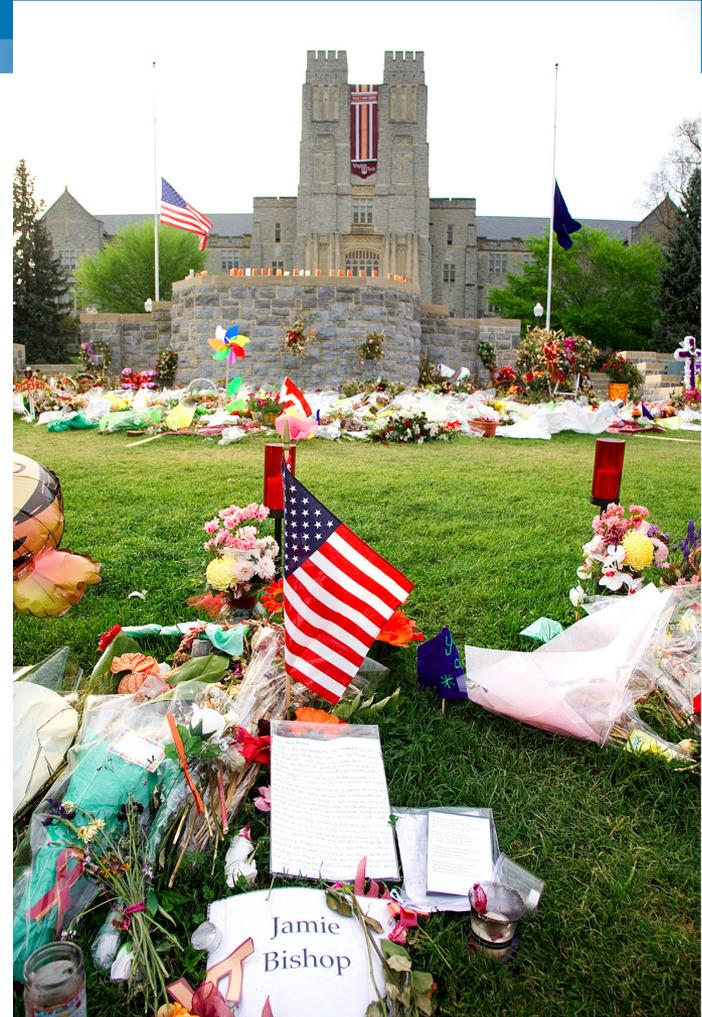


Immediate Recovery

Office of Recovery and Support (Alumni Relations)

Family liaisons and relationship-building for those impacted

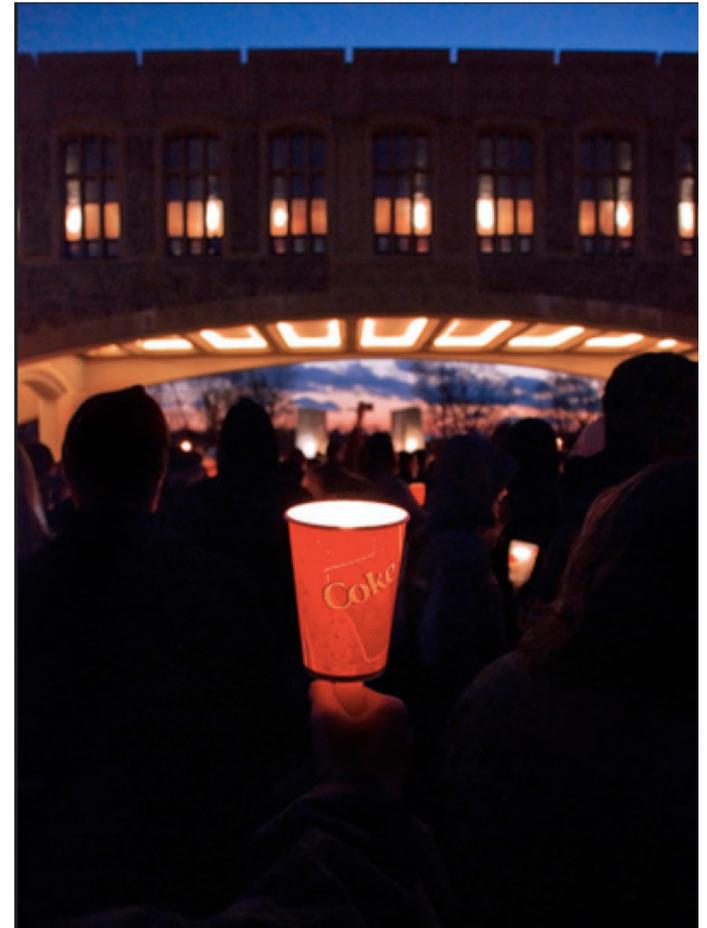
Hokies United



We Remember



- Communication through in person visits, meetings, and online surveys about remembrance events and planning
- Opportunities to reconnect with first responders
- Balance of community needs to show respectful remembrance and sense of perseverance; moving onward
- Website established:
<https://www.weremember.vt.edu/>



The Memorial



The Memorial



Virginia Tech Special Collections and University Archives Condolence Archive



<http://digitalsc.lib.vt.edu/april16>

Communities of Caring



Community Events & Inclusive Recovery

Community picnics

Volunteer opportunities

Vigils & Interfaith service

Educational exhibits

Run 3.2 for 32

- Opportunities for people to participate virtually

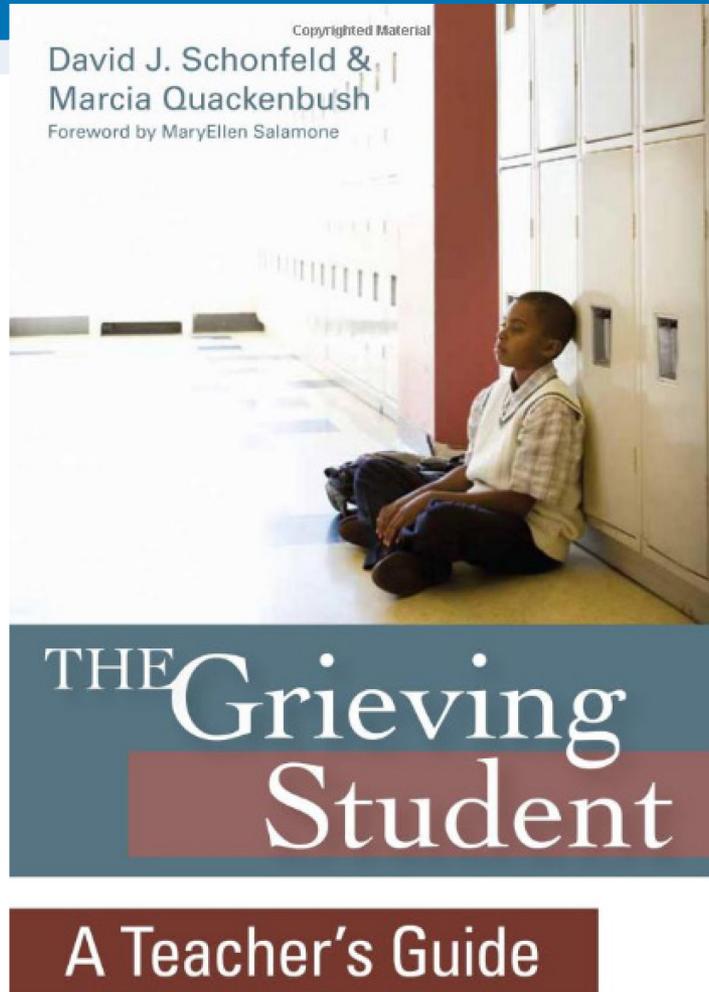


Source: VT News, 2017

Preparation for Anniversaries



Resources



National Center for School Crisis and Bereavement



COALITION *to* SUPPORT
GRIEVING STUDENTS

National Center for
School Crisis and Bereavement

www.schoolcrisiscenter.org

Resource: Archiving the Aftermath

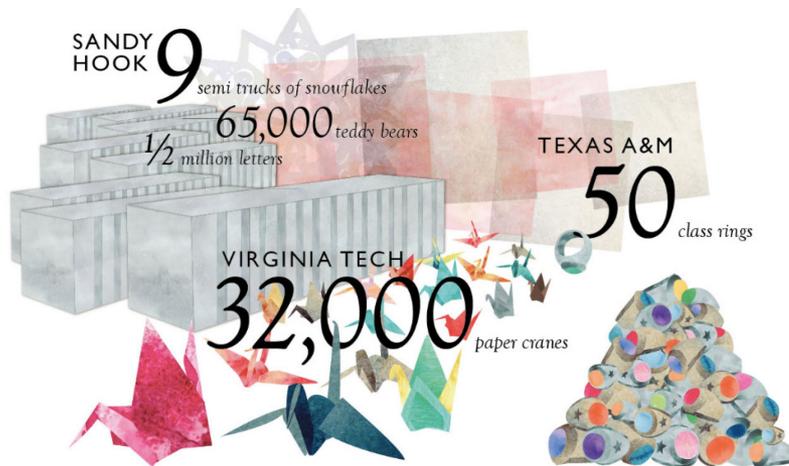


Illustration Credit: Rebecca Mullen

Resources and book chapters for
Condolence Material Managers,
Archivists

“The Story of the Stuff” web
documentary

www.ashleymaynor.com/griefarchives

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Donations and Volunteer Management

Questions and Answers

Integrating with Emergency Operations Plans (EOPs)



Considerations for Memorials

Retraumatization

Design

Maintenance Resources

Memorial Policy

Others' Input

Cultural Norms

Time Commitment

Location

Managing Donations

Long-term Implications

Cost

Memorial Activities: An Alternative to Permanent Memorials

Planning Considerations:

- Form a planning committee
- Establish a donations management plan
- Be sensitive to culturally specific rituals, traditions, beliefs, activities and practices

Sample Memorial Activities

Options for memorial activities include:

- Scholarship fund or foundation
- Gifts of library books or equipment
- Planting a tree with a plaque (and funding for care)
- Cards, letters and memory books written by students for the family of the deceased
- Spontaneous memorials such as flowers at the site
- A moment of silence marking the event
- A memorial service or candlelight vigil

Handling Anniversaries

Involve students, faculty, and community members in planning.

Establish media guidelines for interviewing selected school and community personnel, and for limiting access to students or families.

Work with partners such as law enforcement to provide security during the day.

Conduct school on the anniversary date.

Provide additional counseling support for a few days surrounding the anniversary since the date may trigger reactions for some students and staff members.

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Managing Donations



Memorial Goods

- T-shirts
- Hats
- Bracelets
- Ribbons
- Stickers
- Car magnets



Organizations and Fundraising

- Establishment of multiples of organizations
- Fundraising
- Collecting donations
- Distribution of funds



Donations Management Plan



Considerations for a Donations and Volunteer Management Plan

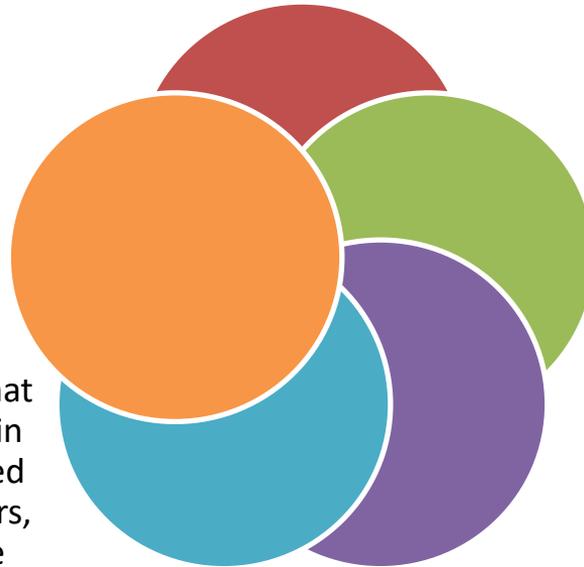
How to protect and ensure the safety of students, staff members, and visitors while volunteers are on school or campus;

How to communicate with organizations and individuals playing key roles in the process.

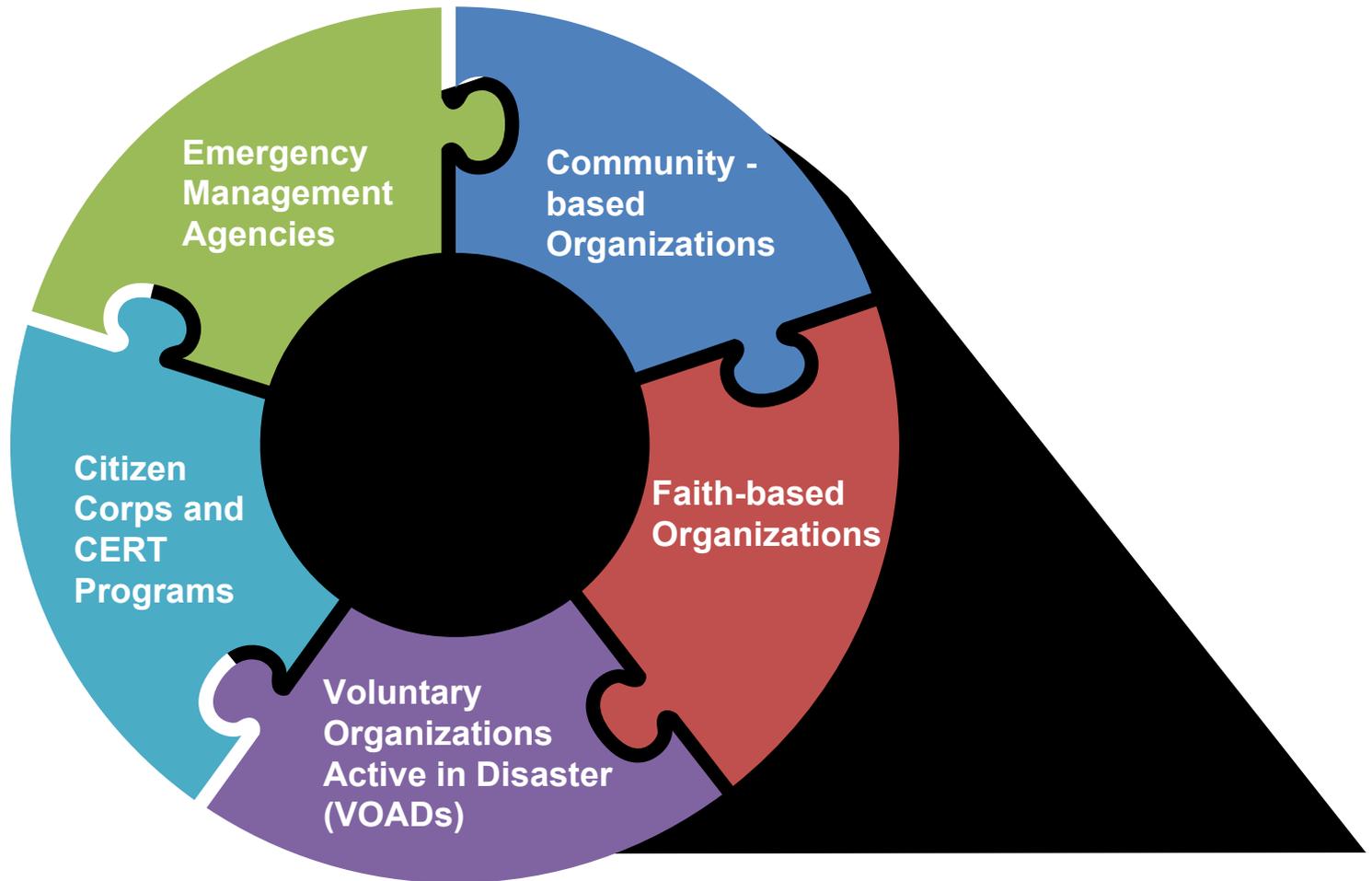
Types of donations and volunteers and how they will be distributed/managed;

Systems and tools that will need to be put in place and maintained to manage volunteers, donations, and the various operational functions that come along with their influx; and

Who will be involved in that process internally and externally;



Partnerships and Collaboration for Donations and Volunteer Management



Developing a Donations and Volunteer Management Plan



Planning Considerations for Before an Emergency or Event



- Create MOUs and MOAs with key agencies and organizations
- Designate key local, state, territorial, and federal points of contact
- Get training on the National Incident Management System and the Incident Command System
- Develop systems to support information management

Planning Considerations for During an Emergency or Event



- Activate the plan
- Clearly communicate needs
- Confirm tracking/inventory requirements
- Identify key support departments

Planning Considerations for After an Emergency or Event



- **Revise the Donations and Volunteer Management Plan**
- **Manage Memorials and Anniversaries**

Questions & Answers

During the Webinar

Please use the Q&A Pod on your computer screen to submit questions.



After the Webinar

Please join us on the Community of Practice for a 30-minute Web chat during which we will answer additional questions.

Join us for a Web Chat on the Community of Practice NOW!

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FAQ



FORUMS

Unread Topics 3

Messages 0



administrator my profile

watch this topic for replies move thread to forum: merge with another topic

HOME ► MEMORIALS AND ANNIVERSARIES WEB CHAT

Join us for a Web chat on September 20 at 1 PM ET as a follow up to our Managing Memorials and Anniversaries as a Part of Overall School and Higher Ed Safety Planning Webinar.

Welcome to the Web Chat! 🎧



administrator

Administrator

Posts: 260

1 min ago

You may have more questions related to items discussed in today's Webinar. We hope to answer them in this forum!

To ask a question or comment, click **Add Reply** and type your message into the field that appears. Click **Preview** to see your post before it's added and then **Add Message** to post your question or comment. The REMS TA Center will respond to each question individually as quickly as possible. To reply directly to a question or comment, select **Reply with Quote**. If you would like to receive an external email when a post is added during this Web Chat, click **Notify me when a reply is posted**.

Please note that chat questions and responses may take a few seconds to appear. You do not have to hit refresh.

If the conversation extends beyond the length of one page, chat questions and responses will appear on a second page connected to this thread. Click the numbers that will appear at the bottom of the page to view the entire conversation. Click the highest number to view the latest chats.

Thanks again for joining this Web chat! We're here to answer your questions.

- Log on at <https://rems.ed.gov/COP/default.aspx>.
- Select K-12 Public Forums.
- Select Memorials and Anniversaries Web Chat.



READINESS AND EMERGENCY
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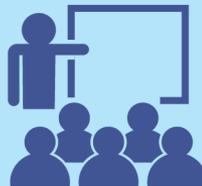
Enhance Emergency Operations Plans



Access Relevant Federal Guidance



**Use EOP-Enhancing
Interactive Tools**



**Request an On-Site Training
in Key EOP-Related Topics**



**Learn Anytime via Virtual Trainings
on all Topics in Emergency Management**



PREVENT



PROTECT



MITIGATE



RESPOND



RECOVER