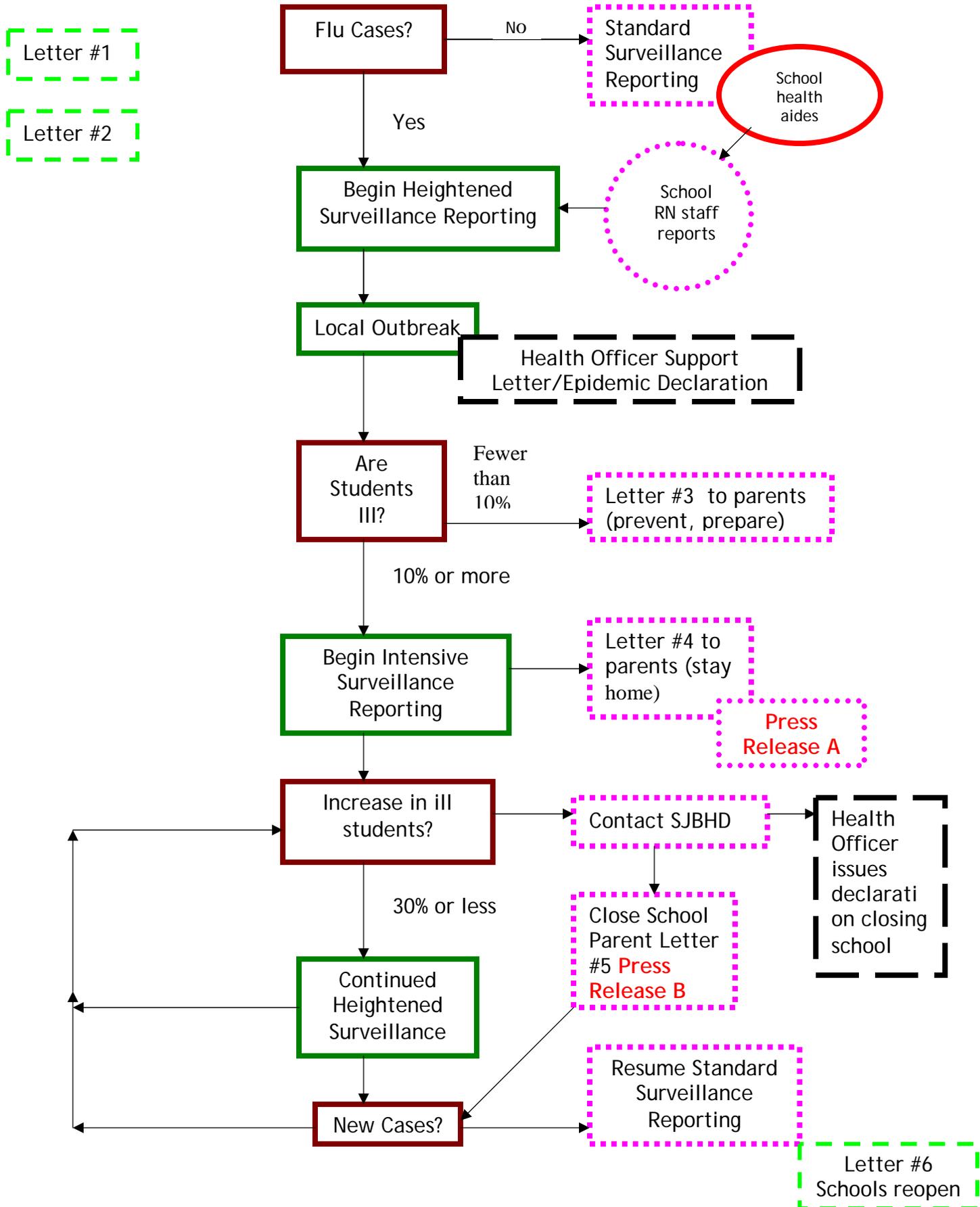


INFECTIOUS DISEASE/PANDEMIC OUTBREAK

| SCHOOL RESPONSE | CENTRAL ADMINISTRATION RESPONSE | | |
|---|---|---|---|
| 1) School Nurse/Health Aide notify the principal of identified cases. | 1) Superintendent: Refer to Infectious Disease/Pandemic Outbreak flow chart. Contact SJBHD to start reporting number of cases identified within schools. | | |
| 2) Principal or designee: Call the Superintendent immediately. | 2) Superintendent: Activate ICS to create groundwork to prepare for possible school closing. | | |
| 3) Principal: Assemble building crisis response team in preparation for health department directive to close schools. Superintendent/PIO will direct letters home regarding outbreak and school closures. | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 65%; padding: 5px;">3) Superintendent: Call Director of Public Information: 247-5411, ext. 1440 or 759-0260</td> <td style="width: 35%; padding: 5px;">3) Director of Business Services: Safety: 247-5411, ext. 1431 or 759-0681</td> </tr> </table> | 3) Superintendent: Call Director of Public Information: 247-5411, ext. 1440 or 759-0260 | 3) Director of Business Services: Safety: 247-5411, ext. 1431 or 759-0681 |
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| 4) | 4) Director of Public Information: Gather information, contact media, prepare communications for parents with school principal, superintendent | | |
| 5) | 8) Superintendent: Contact School Board members. | | |
| 6) | | | |

DURANGO 9-R SCHOOL DISTRICT RESPONSE TO INFECTIOUS DISEASE/PANDEMIC OUTBREAK



Memorandum of Understanding
between
San Juan Basin Health Department
and
Durango 9R School District

I. Introduction

A "public health emergency"(PHE) is an occurrence or imminent threat of an illness or health condition caused by bio-terrorism, epidemic or pandemic disease, or a novel and highly fatal infectious agent or biological toxin, that poses a substantial risk of significant human fatalities or incidence of permanent or long-term disability. Such illness or health conditions include, but are not limited to, illnesses or health conditions resulting from a national disaster.

II. Purpose

San Juan Basin Health Department (SJBHD) serving the citizenry of La Plata County requests permission from the Durango 9R School District Board of Education to utilize portions of your high school or potentially other schools in the district for a mass clinic site should it become necessary to provide mass vaccinations or to distribute prophylactic medications. SJBHD also requests the use of the communication tools available within the high school.

III. Responsibilities

A. San Juan Basin Health Department (Executive Director and/or Director of Personal Health):

- i. Will notify the 9R School District's Superintendent of Schools or designee should the need arise for the use of the Durango High School for the dispensing of medication (vaccination or oral).
- ii. Will provide in advance to the Durango High School Principal a lay-out map of the proposed area of use and a list of supplies/resources needed from the school (tables, chair, refrigeration, phone lines, computer lines etc).
- iii. Will provide an emergency contact list of SJBHD's Disease Emergency Response Team.
- iv. Will keep track of all supplies and equipment utilized

B. Durango 9R School District: (9 R-*Please add any additional information or responsibilities*)

This Memorandum of Understanding will remain in force from the time of signature until a written request to terminate is initiated by either the Durango 9R School District Board of Education or SJBHD. Written termination must provide 30 days notice prior to date of final termination.

Signature: 9R School District Superintendent

Date

Signature: Executive Director San Juan Basin Health Department

Date



Tips for Parents on coping with pandemic flu

Plan for an extended stay at home during a flu pandemic.

- Ask your employer about how business will continue during a pandemic.
- Ask your employer if you can work from home during a flu pandemic.
- Plan for a possible reduction or loss of income, if you are unable to work or your place of employment is closed.
- Check with your employer or union about leave policies.
- Plan home learning activities and exercises. Have materials, such as books, on hand.
- Plan recreational activities that your children can do at home.

Items to have on hand for an extended stay at home:

Examples: Non-perishable foods

- * Ready to eat canned meats, fruits, vegetables, soups
- * Protein or fruit bars
- * Dry cereal or granola
- * Peanut butter and jelly
- * Dried fruit, nuts, trail mix
- * Crackers
- * Canned juices
- * Bottled water
- * Canned or jarred baby food
- * Baby formula
- * Pet food

Health and emergency supplies

- * Prescribed medical supplies such as glucose and blood pressure monitoring
- * Soap and water or alcohol based hand wash
- * Medicines for fever, such as acetaminophen (Tylenol) or ibuprofen (Motrin)
- * Thermometer
- * Vitamins
- * Fluids with electrolytes, such as Pedialyte®
- * Flashlight with extra batteries
- * Portable radio with extra batteries
- * Manual can opener
- * Garbage bags
- * Tissues, toilet paper, disposable diapers

If someone in your home develops flu symptoms (fever, cough, muscle aches):

- ✓ Encourage plenty of fluids to drink.
- ✓ Keep the ill person as comfortable as possible. Rest is important.
- ✓ For adults with fever, sore throat and muscle aches, use ibuprofen (Motrin) or acetaminophen (Tylenol).
- ✓ Do not use aspirin in children or teenagers; it can cause Reye's syndrome, a life threatening illness.
- ✓ Sponging with tepid (wrist-temperature) water lowers fever only during the period of sponging. Do not sponge with alcohol.
- ✓ Keep tissues and a trash bag for their disposal within reach of the patient.
- ✓ All members of the household should wash their hands frequently.
- ✓ Keep other family members and visitors away from the person who is ill.
- ✓ Contact a healthcare provider for further advice. If the ill person is having difficulty breathing or is getting worse, contact the healthcare provider right away.

For more information, call your healthcare provider or visit Contra Costa Health Services' website: www.cchealth.org or call the Health Emergency Information Line: 1-888-959-9911 or visit the federal government's pandemic flu website: <http://www.pandemicflu.gov>
05/10/06-



Dear Parents,

This letter will help your family prepare for a flu pandemic that could make many people sick.

It is important to know that at this time, there is no pandemic flu of any kind in the United States. There is also no bird/avian flu in the United States at this time.

Public health officials are worried the avian/bird flu virus may change so that it can infect people and spread easily from person-to-person. This would cause a worldwide flu outbreak, called a pandemic.

Public health officials want people to protect themselves against pandemic flu.

Here are some ways to protect your family:

- Keep children who are sick at home. Don't send them to school.
- Teach your children to wash hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- Teach your children to stay at least three feet away from people who are sick.
- People who are sick should stay home from work or school to avoid other people until they are better.

Enclosed with this letter is a checklist to help families get ready for a pandemic flu outbreak. This information can also help your family get ready for any kind of emergency.

If you have any questions, please contact your School Nurse or healthcare provider. **You can call the school hotline @ _____.**

You can get more information from **San Juan Basin Health Department**:
Visit online at <http://www.sjbhd.org/> or call the Health Emergency Information Line: _____.

The federal government website with information on planning for individuals and families:
<http://www.pandemicflu.gov>

American Red Cross
<http://www.redcross.org>

Respectfully,

Kathleen H. Morris
Safety Compliance Coordinator
Durango School District 9-R
970-247-5411 X1431



Dear Parents,

As expected, birds sick with avian/bird flu virus are now in the United States. It is important to know that, at this time, there are no known human cases of avian/bird flu in the United States.

Health officials are worried that the avian/bird flu virus may change so that people can get sick from it. If that happens it could spread from person-to-person. This would cause a worldwide flu outbreak, called pandemic.

So even though there is no flu pandemic now, we want to remind you about some ways to protect your family from getting sick:

- o Keep children who are sick at home. Don't send them to school.
- o Teach your children to wash hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- o Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- o Teach your children to stay at least three feet away from people who are sick.
- o People who are sick should stay home from work or school to avoid other people until they are better.
- o Do not touch sick or dead birds.

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Kathleen H. Morris
Safety Compliance Coordinator
Durango School District 9-R
970-247-5411 X1431



PUBLIC HEALTH INSTRUCTIONS DURING A PANDEMIC FLU

Throughout a pandemic, flu, people may be asked or required to do things to help hold back the spread of the disease in our community.

Here are some examples of what the San Juan Basin Health Department may ask of people to do:

STAY HOME

People who are sick should stay home. Children should not go to school if they are sick. Staying home will be absolutely necessary during a pandemic flu to limit the spread of the disease.

AVOID LARGE GROUPS

People - even those who are well - should stay away from gatherings of people such as sporting events, movies and festivals. During a pandemic flu these kinds of events could be cancelled because large gatherings of people help spread the flu virus.

Isolation and Quarantine are public health actions used to contain the spread of a contagious disease. If asked, it will be important to follow Isolation and/or Quarantine instructions.

ISOLATION is for people who are already ill. When someone is isolated, they are separated from people who are healthy. Having the sick person isolated (separated from others) can help to slow or stop the spread of disease. People who are isolated can be cared for in their homes, in hospitals, or other healthcare facilities. Isolation is usually voluntary, but local, state and federal government have the power to require the isolation of sick people to protect the public.

QUARANTINE is for people who have been exposed to the disease but are not sick. When someone is placed in quarantine, they are also separated from others. Even though the person is not sick at the moment, they were exposed to the disease and may still become infections and then spread the disease to others. Quarantine can help to slow or stop this from happening. States generally have the power to enforce quarantines within their borders.



Dear Parents,

This letter will give you information about a flu outbreak in La Plata County. Every year, some people get sick with the flu during the fall and winter months. This year, there is a new flu virus that is making many people in La Plata County sick. So many people are sick in La Plata County and the United States that health officials call it a "pandemic flu".

A lot of students and teachers in our schools are sick with the flu. We hope they will all get better quickly.

At this time, the county health department tells us that students who are not ill can safely come to school. The schools will remain open. We will keep you updated with any important information.

To keep the flu from spreading to more people, we ask you to keep sick children home. Any children who are sick in school will be sent home.

Public health officials want you to protect yourself and your family against pandemic flu. Here are some ways to stop the spread of germs and sickness:

- Keep children who are sick at home. Don't send them to school.
- Teach your children to wash hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- Teach your children to stay at least three feet away from people who are sick.
- People who are sick should stay home from work or school to avoid other people until they are better.
- Stay away from shopping malls, movie theatres or other places where there are large groups of people.

We are also giving you some tips about how to care for your family if they are ill.

If you have any questions, please contact your School Nurse or healthcare provider. You can call the school hotline @ _____.

You can get more information from [San Juan Basin Health Department](#):
Visit online at <http://www.sjbhd.org/> or call the Health Emergency Information Line: _____.

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<http://www.pandemicflu.gov>

If the pandemic flu continues to spread and more students become ill, schools may close for days or weeks. The purpose of closing schools will be to keep children from getting sick. If schools are closed, children should stay at home. Begin planning now for childcare in your home.

Recommendations may change during the course of a pandemic flu outbreak.



Dear Parents,

We wrote to you recently to tell you about a pandemic flu outbreak in our community. Here is some new information.

There are now even more students in our school who are ill with this flu virus. Still the county health department tells us that students who are not ill can continue to attend school. The schools will remain open. We will keep you updated with any information.

To keep the flu from spreading to more people, we ask you to keep sick children home. Any children who are sick in school will be sent home.

Public health officials want you to protect yourself and your family against pandemic flu. Here are some ways to stop the spread of germs and sickness:

- o Keep children who are sick at home. Don't send them to school.
- o If some of the people in your home are sick with the flu, keep them away from the people who are not sick.
- o If some of the people in your home are sick with the flu and you cannot see a health provider, some things you can do to help them are:
 - Have them drink a lot of liquid (juice, water)
 - Keep the ill person as comfortable as possible. Rest is important.
 - For fever, sore throat and muscle aches, in adults, use ibuprofen (Motrin) or acetaminophen (Tylenol). **Do not use aspirin with children**, or teenagers; it can cause Reye's syndrome, a life-threatening illness.
 - Keep tissues and trash bags within reach of the sick person.
 - Be sure everyone in your home washes their hands frequently.
 - Contact a healthcare provider for further advice. If the ill person is having difficulty breathing or is getting worse, contact the healthcare provider right away.

If the pandemic flu continues to spread and more students become ill, schools may close for days or weeks. The purpose of closing schools will be to keep children from getting sick. If schools are closed, children should stay at home. Begin planning now for childcare in your home.



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If the pandemic flu continues to spread and more students become ill, schools may close for days or weeks. The purpose of closing schools will be to keep children from getting sick. If schools are closed, children should stay at home. Begin planning now for childcare in your home.



Dr. Mary Barter, Superintendent
Durango School District 9-R
201 E. 12th Street
Durango, CO 81301

RE: PANDEMIC FLU EPIDEMIC

The health department is ordering all schools to close immediately due to the pandemic flu epidemic in our community. If you have any questions regarding this declaration, please call the San Juan Basin Health Department Communicable Disease Program

Because the virus is spread easily from person-to-person, it is no longer safe for children to attend class. Colleges, day care centers and preschools have been ordered to close.

Please inform your students' parents and guardians immediately that school Facilities will be closed to all activities, including sport and non-academic events, and may remain closed for an extended period of time (for example, up to 6 weeks).

The purpose of closing schools is to decrease contact among children to decrease their risk of getting sick and to limit the spread of infection.

The health department will keep school officials updated as the situation changes. A press release is being issued to inform the public of this declaration.

SJBHD Director and Health Officer



Dear Parents,

La Plata County health officials, San Juan Basin Health Department, have ordered all schools in La Plata County to close. This order is because of the pandemic flu situation in La Plata County. All schools are immediately closed until further notice and children should stay home.

Schools may be closed for days or even weeks to reduce contact among children and stop the spread of the flu.

We know that many students and their families are very sick. We know this is a hard time for our community and our hearts go out to those who are ill.

Because the flu is easily spread from person-to-person, it is not safe for large groups of people to gather. During this time, both children and adults should stay away from other people and groups as much as possible. They should not gather in other locations such as shopping malls, movie theaters or community centers.

We know that it may be hard to get a doctor's appointment, go to a clinic or even be seen in a hospital emergency room. Here are some tips for helping those who are sick with the flu:

- Have them drink a lot of liquid (juice, water)
- Keep the ill person as comfortable as possible. Rest is important.
- For fever, sore throat and muscle aches, in adults, use ibuprofen (Motrin) or acetaminophen (Tylenol). **Do not use aspirin with children**, or teenagers; it can cause Reye's syndrome, a life-threatening illness.
- Keep tissues and trash bags within reach of the sick person.
- Be sure everyone in your home washes their hands frequently.
- Keep the people who are sick with the flu away from the people who are not sick.

For more information, call your healthcare provider or visit the San Juan Basin Health Department website: <http://www.sjbhd.org> or call the Health Emergency Information Line :_____.

We will contact your as soon as we have information about when school will reopen.